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# ABSTRACT BOOK

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## Addictive behavior among adolescents

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Problem statement aimed the investigation of internet addiction and its influence to personality and anxiety state of adolescents. There are differences in emotional intelligence level among internet addictive persons and the Emotional intelligence can influence to the level of Internet addiction which is significantly approved. Internet addiction can negatively influence on personality traits of adolescents and can affect on their emotional instability and impulsiveness. Among internet addictive persons there are low level of emotional intelligence features. The emotional intelligence as a mediator can affect on the level of internet addiction and can predict such kind of activity. Findings of present study shows that it is possible to affect the Internet addiction condition by developing and increasing the level of emotional intelligence (EI). Also, some of internet addiction reasons among adolescents presents as follows: constantly need of virtual relationships and impossibility of changing this state subjective anxiety of personal necessity not able to differ the meanings 'I'm real' and 'I'm virtual'. Empirical research of internet addiction among adolescents revealed negative influence of internet addiction to anxiety state of adolescents, their emotional sphere and personal traits.