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the help of the Internet..... 3	<b>Онищенко С.В.</b> Самоосвіта вчителя технології як спосіб підвищення його професійної компетентності..... 52
<b>TRAINING</b>	<b>Гордій Н.М.</b> Поняття духовності у поглядах педагогів ..... 54
більності ..... 5	<b>Кунтубаева Г.О.</b> Профессиограмма құрылымының ерекшеліктері ..... 58
едений искусства объекта искусства	<b>Onalbekov Ye.S., Mirzagulov A.</b> Formation of skills of self-education primary school children in learning the subject «Self-cognition» ..... 62
креативные способности.... 7	<b>Басараб В.Я.</b> Значение и разработка учебно-методического обеспечения для формирования ключевых компетентностей будущих учетчиков по регистрации бухгалтерских данных ..... 66
ии ..... 9	<b>Назарук В.Л.</b> Вплив здоров'язбержувальних технологій на формування культури здоров'я майбутніх лікарів ..... 71
міжкультурної ..... 16	<b>Жигжитова Л.М.</b> Англійська мова для телекомунікацій – проблеми і можливі рішення..... 73
ів ..... 19	<b>Кожевникова А.В., Баландюк К.Є.</b> Концептуальні засади процесу формування управлінської культури майбутніх керівників шкільного закладу.....77
а з обліку і аудиту ..... 19	<b>Ахметов А.К.</b> Противоречия, выявленные в процессе профессионально-экономического ориентирования учителей ..... 81
знавальних процесів ..... 22	<b>Igebaeva F.A., Tukaeva G.S.</b> On developing communicative skills of modern agricultural university graduates..... 85
higher education ..... 25	<b>Omarova Z.N.</b> Efficient ways of direction the students to the research work in the classes of Informatics (from the work experience)..... 87
profile as a didactic a versatile magistracy ..... 27	<b>Пономаренко О.Г.</b> Період професійного становлення та розвитку особистості як суб'єкта професійної діяльності ..... 91
нформационной ..... 31	<b>Жиенбаева Ж.Ж.</b> Өзге ұлт өкілдеріне қазақ тілін үйрету ісінде тіл дамыту жұмыстарын жүргізу әдістемесі ..... 94
ування екологічно ..... 37	<b>Гук С.В.</b> Проблеми підготовки фахівців з фізичної реабілітації в університетах України ..... 97
ильк ..... 40	<b>Васильєва Л.Л.</b> Впровадження проектних технологій в художньо-педагогічну підготовку вчителя музичного мистецтва ..... 100
лярів та студентів ..... 44	<b>Авдеева Л.Ф.</b> Psychological and pedagogical features of students' and teachers' interacting in the course of research work ..... 105
ажный ресурс ..... 47	<b>Шамсиева Н.С., Абдуллаева А.Ә., Әбдіганиева А.С.</b> Білім беру жүйесінде жобалау технологиясының алатын орны ..... 107
муванні культури ..... 50	

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## FORMATION OF SKILLS OF SELF-EDUCATION PRIMARY SCHOOL CHILDREN IN LEARNING THE SUBJECT «SELF-COGNITION»

State Education Development Program of the Republic of Kazakhstan specifies «formation in secondary schools of intellectual, physical and spiritual development of a citizen of the Republic of Kazakhstan, the satisfaction of his needs in education, ensuring success in a rapidly changing world, the development of competitive human capital for economic prosperity of the country».

In this regard, the main task of the school is to develop the creative abilities of pupils by means of the search for effective methods and techniques of training, the formation of a positive motive in the learning process, provide transition training and learning of students in the creative and effective level, in terms of innovative learning approach.

At the present time the individual development of students Input a word in connection with training through the organization of their educational activities. Education in culture is explained as a technique to develop new opportunities in the form of an ideal. From this perspective, educational activities of students is known as a method of studying the development of the organization of the ideal forms of culture. Such a scheme for the formation of subjective ideal forms represent the characteristics of self.

The problem of self – relevant for students grades 5-6 in connection with the development of training activities. Skills training itself formed at this age have a direct effect on willpower and self-organization in adolescence and early periods. Younger students only taking the first tentative steps into the world of society, they are just beginning to know yourself as a person and are already looking for the answer to the question: «How can I establish? How to get better?». The child of primary school age, we are constantly repeats: «Here I am! I – am». What exactly is self-education?

**Self-education** – a systematic human activities aimed at developing or improving the moral, physical, aesthetic qualities, habits, behavior in accordance with a certain ideal of social conditioning.

**Self-education** – a systematic and conscious human activity aimed at self-development and the formation of its basic culture (V.A. Slastenin).

**Self-education** – a conscious and systematic work on oneself, aimed at creating such properties and qualities that meet the requirements of society and personal development program (A.I. Kochetov).

It should be noted, it would seem obvious, but incredibly important fact which consists in the fact that the formation of personality traits junior student by self occurs in all social areas: family, school, peers in a team, in leisure centers, clubs.

What is the motivations of self? The answer to this question is obvious – it is the desire of the child to be strong, good, better waiting for parents and among a group of children, the desire to earn a positive evaluation of their actions, the desire to raise its credibility among peers and the people around them ... A provision stating that the student – it is not only the object but also the subject of education, is the foundation on which to base both training and the formation of personal qualities of students. That is why the primary task of the educational process is to develop and maintain a high activity of younger schoolboys in the cognitive, labor, moral and aesthetic activity. In this regard, S.L. Rubinstein said: «All the educational work has its own internal condition educability own work, which, of course, tied to each any thoughtful and sensitive person around their own actions and the actions of others... The success of the formation of the spiritual aspect of a person depends on the inner workings of this, on how education is in a position to encourage and guide».

On the basis of this judgment, we can conclude that a properly organized education is nothing but as skillful internal stimulation activity of the person to work on himself, prompting her to have their own development and improvement. In other words, in the process of education takes place very educational work of students. But this work is due to stimulated and specially organized educational influence teachers. Teachers pose educational problems, form the students related requirements (activity), include them in activities, and thus encourage them to work on yourself. It should be noted that younger students themselves often set themselves certain goals and objectives of their own development and self-improvement, plan ways to solve them and urging the inner desire, start persevere.

Teachers – the practice argue that elementary school students begin to engage in self-education only when they already give yourself a clear report their actions and needs when they develop sposobnostk self-esteem, to understanding their positive and negative qualities, and there is a need in their own improvement.

### Stages of formation of skills of self:

1. Decision. (Selection or formation ideal to you can seek in the process of self-education)
2. Self-cognition. (Identification and self-esteem development level quality and other characteristics of a person)
3. The choice of means, a plan. (Provision required the very plants that can help a person achieve a particular purpose of self)
4. Implementation Plans (Practical work aimed at achieving formulated earlier of values) (by A.I. Kochetov)

### Methods of formation of skills of self:

1. A method of self-persuasion (the child himself reveals its flaws -nprimer: inability to keep his word, the child convinces himself of the need to get rid of their disadvantage. Effective method of self-persuasion is the recitation aloud: «It is not good to give slovoi not keep it», «We must try to keep his word»).