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Level of anxiety in patients with synthetic dependence in departments of dependence therapies

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In our modern society, more and more new types of drugs have begun to appear, synthesized by ordinary people. Due to their relative cheapness and ease of purchase, they are extremely popular among young people. And as we know, the use of synthetic drugs destroys health, both physiological and psychological. Paranoid and anxiety disorders can often be observed at all stages of the course of drug dependence or combined with them. The relationship of addiction to depression and anxiety is a frequent subject of discussion in the psychological community. Especially at the initial stages of treatment in various compulsory hospitals or rehabilitation centers. The purpose of the study is to study the level and characteristics of anxiety in groups of people dependent on synthetic drugs in a narcological hospital.

Methods: Ch.D. Spielberger to identify personal and situational anxiety; Hospital Anxiety and Depression Scale. The study involved people aged 25 to 40 who use synthetic drugs. The sample consisted of 40 subjects. As a result of the study, it was possible to draw the following conclusions: many study participants were found to have high levels of situational anxiety; in comparison with situational anxiety, the level of personal anxiety varied within the normal range. And as a result of the “Hospital Anxiety and Depression Scale”, the majority of 57% of the subjects showed signs of a high probability of anxiety and depression levels. Such factors pose an important task of conducting psycho-correctional programs.

Keywords: synthetic drugs, anxiety, narcological hospital